



NEWSLETTER



NEW LOCATION

Opening Soon!

HORSESHOE BEND

WE ARE EXCITED TO ANNOUNCE THAT GTS WILL NOW BE OPENING ANOTHER CLINIC TO BETTER SERVE OUR PATIENTS! BRANDYN BATTERTON - PT, DPT WILL BE OUR LEAD PHYSICAL THERAPIST! HE IS CERTIFIED IN DRY NEEDLING AND BLOOD FLOW RESTRICTION AND IS ACCEPTING NEW PATIENTS. BRANDYN IS FROM VIOLA AND CURRENTLY LIVES THERE WITH HIS WIFE AND DAUGHTER.

803 3rd St., Horseshoe Bend, AR 72512

Monday July 31, 2023

Call now to set up an appointment!

870 - 232 - 5555



Kristi Harris, PT, CLT

Kristi was born and raised in Pocahontas, AR. She graduated with a Bachelor's Degree in Biology from Lyon College and a Bachelor's Degree in Health Science from the University of Central Arkansas. Kristi then graduated with a Master of Physical Therapy. Kristi is 1 of only 3 Certified Lymphedema Therapists in Northeast Arkansas that is KLOSE trained! Kristi is married and has two children. When she is not working, Kristi enjoys reading and going to her children's activities.

Loren Johnson, PTA

Loren graduated from Daymar University with an Associate of Applied Science from the Physical Therapy Assistant Program in 2021. Loren has a son, Lake, and a dog named Lucy. Loren moved to Arkansas in 2016 but is originally from Texas.

Larinda James, PTA

Larinda graduated from Arkansas State University in 2000 with an Associate of Applied Science from the Physical Therapy Assistant Program. She and her husband have three kids. When she is not working, she enjoys spending time with her husband and children.

Chris Baltz, PGC

Chris graduated from Cambia Rowe Business College in Indiana PA with a Bachelor's Degree in Business Management. Chris and her husband moved to Arkansas in December of 2022. She and her husband have three children. Chris likes to be outdoors kayaking, hiking, and hunting.

- **Breast Cancer Rehab**
- **Manual Lymphatic Drainage**
 - **LSVT BIG**
 - **Dry Needling**
- **Vestibular Rehab**
- **Certified Lymphedema Therapist**
 - **Deep Tissue Laser**
 - **Cupping**
 - **Kinesiotaping**
 - **Cardiovascular Rehab**

POCAHONTAS

**567 Hwy 67 S, Suite B • Pocahontas, AR 72455
(870) 248-1119 • gtsphysicaltherapy.com**

BECOME STRONG BY ATTENDING OUR HOMETOWN WORKSHOP

Come out and attend our pain relief workshops! All are welcome, although spots are limited, so sign up today!

**AUGUST 7, 4:00 PM
ROTATOR CUFF
HIGHLAND CLINIC**

**AUGUST 8, 4:00 PM
KNEE PAIN
MOUNTAIN HOME LOCATION**

**AUGUST 10, 4:30 PM
ROTATOR CUFF
TUCKERMAN CLINIC**

**AUGUST 17, 4:00 PM
KNEE PAIN
BATESVILLE CLINIC**

**AUGUST 17, 5:00 PM
KNEE PAIN
CAVE CITY CLINIC**

**AUGUST 31, 5:00 PM
BACK PAIN
POCAHONTAS CLINIC**

CALL TO RESERVE YOUR SPOT TODAY!

(870) 600-0738

EXERCISE ESSENTIALS

Single Leg Balance (Ankle)

Start by standing up straight with your feet close together. Slowly raise one foot off the ground slightly. Make sure to brace your abdominals.

Hold for 30 seconds and repeat twice on both legs.



STAFF SPOTLIGHT

Hunter Daniels - PT, DPT

Hunter is the lead Physical Therapist at GTS Tuckerman. He is a Tuckerman native, graduating from Tuckerman High School in 2010. He earned his Bachelor of Science in Exercise Science from Arkansas State University in 2014, before earning his Doctorate in Physical Therapy from Arkansas State University in 2017. He is married to his wife of 5 years, Mandy Daniels, and they have 3 dogs, Yadi, Moose, and Webb. When not practicing physical therapy, he spends what little free time he has with his wife, family, and friends, at the gym, or occasionally sneaks off to the deer woods.

MONTHLY SPECIAL

Call us today and reference this coupon for a free 30-minute screening with one of our therapists.

FREE PHYSICAL THERAPY SCREENING

Scan the qr code below to visit our website for more information!



CALL (870) 600-0738 TO SCHEDULE YOUR APPOINTMENT TODAY!

GTS attended the Red, White & Blue Festival this past June and hosted a cornhole tournament where we donated \$3,040 to the Mountain Home Chamber of Commerce to go towards the Red, White, & Blue Festival!



HOMETOWN STRONG



Nikki Moore, PTA chose "Inspired Women Who Can" to receive the donation in the amount of \$1,000. This organization is an interdenominational fellowship organized to serve women, primarily widow women, with support to feed the heart, soul, mind, and body. IWWC is dedicated to serving women by providing a place to gather together and help each other in areas of our lives that need strengthening. Pictured above is Carolyn Walker and a member of the IWWC.

PATIENT SUCCESS STORY



"My therapists were amazing and very helpful. It was a very pleasant experience and I am feeling so much better!"

— Molly C.

We want to hear from you!

Leave Your 5-Star Experience Below!!



(870) 600-0738



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